

Letter 780  
**Destroying Sleep Paralysis**  
 2019-04-22

Dear **Jesus**,

**Monday, 22 April 2019, 4AM.**

A while back I posted the following on the Divine Council Forum.

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(CB50), your account reminds me of a topic that I have been wanting to write about.

It's been some time ago, that what I am about to describe first started. And, it has diminished quite a bit in the past year (2018-2019).

Many years ago, after I would go to bed to sleep for the night, as I lay with my eyes closed, suddenly my physical eyelids would wince, like something was being thrown past or even into my eyes. I did not see any earth-space light or anything physical when this happened.

And yet, many times, for a brief moment, I would see (in spirit-space) something like an eel with large teeth, or other "sea-looking" creature, as if swimming in water, coming right at me. After this first started, there would be many such episodes before I went to sleep. For quite some time it happened every time I went to sleep for the night. (Funny thing; I don't recall it ever happening when I took naps during the day).

In the past year though, these episodes have dwindled down to where I only see something like this about once a month, or even less than that. Sort of like when the pan of popcorn goes down to only a few pops per minute, then you know its time to remove the pan from the heat.

According to angel Gabe, what I was seeing with the eyes of my spirit-man, were the spirits of failed science experiments that the (fallen) Sons of God (see Genesis 6) performed on themselves along with various Sea Creatures. This was before the Flood. These are demonic spirits who had previously been the embodied offspring of Fallen Angels after they had mated somehow with sea creatures. This is also where the legendary mermaids came from. Mucking about with DNA, in this case, the DNA of Sea Life.

The reason they came for my eyes was because the eyes of my spirit-man emanate the Light of Jesus into whatever space I happen to be in. In this case, I was being taken by the Lord Holy Spirit to a depth of spirit-space deeper than most men sleep. The Lord was doing this so that this part of spirit-space could be cleaned out of these entities.

Another description I have heard from Gabe is that it is not much different from when a bug goes "splat" on the windshield of a car. It may leave a mark on the glass, but the bug is dead.

In my case, the "bugs" would crash just in front of my face, get stunned, often times break into little pieces, and then drift off into the depths of spirit-space. The reason they are not returning is because most of them have since been removed to the Pit.

So, I no longer have the wincing problem that I used to. Thank You Jesus. Thank you (CB50) for this thread.

I also want to mention that one time in the early days of this phenomena, I actually heard some words spoken from one of these creatures. It said:

"THAT'S CHRISTIAN LIGHT",

referring to the light that comes out of my eyes. The entity spoke these words in a gruff, accusatorial and hateful tone.

I think by ramming me in my face like they were doing, they were trying to get rid of either me, the light, or both. But, thanks be unto God, they succeeded at neither. This didn't cause any pain. I was just momentarily startled. No big deal.

--j9

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**Monday, 22 April 2019, 4AM.**

Yesterday we went to Resurrection Services at Church, at the invitation of (CB59). He and his son and I ended up talking about some similar spiritual experiences, and the topic of sleep paralysis came up. They both testified to having this unique affliction from time to time.

While we were talking, I began to further analyze what I described above, especially where I state that "*... I was just momentarily startled.*"

Now that I look back, I seems likely that these entities, if they had broken through, would have induced a paralysis in me. Further, I think that at the very moment of my being "startled", if not having already been protected against, would have caused the fissure in spirit-space through which the Poison of Sleep Paralysis could be introduced.

I am therefore grateful Lord, for the shielding which You gave to me, and the Presence of the Word Jesus inside me, which prevented me from experiencing Sleep Paralysis.

We therefore pray for the Healing of all those so afflicted, and that You would Up-armor their Shield of Faith, and increase the Presence of Jesus in their entire Being, so that Sleep Paralysis is destroyed before it even comes near. Amen.

Blessings...

R. C. Theophilus