

Letter 449  
**Medical Update**  
2016-03-07

Dear Dan,

**Wednesday, 2 March 2016, 6AM.**

It's been a while (actually almost 4 years) since I let you know what was up with my physical and psychological condition.

First, Jesus continues to help me fulfill His instruction to "keep doin' what you're doin'" by sending a variety of healing therapies and medications to me. Too numerous to list really. But I can mention a few in detail. So I thank Him and God, Who has provided all these things according to His riches in Heaven. I need these because I really suffer a lot of miscellaneous pains. Some of these are spiritually sourced due to the intercessory part of my life. Other pains come from the daily use of a previously severely injured physical body.

But I really need to give some credit to angel Gabriel. Early on in our friendship, about two years ago, he said something to me that really reduced some of the nerve pain in my right leg.

All he said, and it wasn't verbal, it was him simply sharing a thought with me, was;

"WALK UPRIGHT".

He didn't say this in a commanding tone or anything, but more like a friendly suggestion. Because this was a spiritual message from a spirit-person to an incarnate spirit/human person, I was able to take this word and actualize it into my heart. This then effected how my spirit-man walked. My spirit-man had been walking a little bowed over inside due to the recent conflicts with hell. But as soon as I started walking in a more straight up fashion in my spirit, my physical body had an easier time of walking in an up-right manner. This then reduced some of the nerve pain that was shooting down my right leg.

But, my lower spine is still deteriorating. Late last year in December I went to see the same spine surgeon that I saw in 2012 (see Letter 179 Volume 4). It was determined for a second time that I would benefit from spine surgery, and I am now scheduled for 28 June of this year.

This will give me another two month (maybe longer) vacation from work, and hopefully from pain. The doctor will be cleaning out disc material and then installing a spacer between the two most bottom vertebrae, so that they will no longer become mis-aligned and impinge on the nerve bundles that service my legs.

I really came to this decision last summer when my right big toe became paralyzed. I pretty much knew then that something needed to be done. I would have had surgery in 2012, but I didn't have enough leave time saved up. Now I do.

I have some other ideas about why I have such severe pain problems. When I get more details, I will let you know.

**Friday, 4 March 2016, 6AM. (Yes, I now have more details).**

Well, last night we pretty much confirmed why my lower torso starts to burn after about three or four hours into the work-shift. It seems as though there is quite a bit of spiritual (human) waste material that gets deposited during the work-shifts of each day, and ends up accumulating in the hallways (which are common areas). Mostly from first and second shifts, because this is when most of the human interaction occurs. People get irritated with each other, don't take time to forgive (or are unable), and the whole place starts to resonate with a variety of sinful residue. This waste material had yet to be properly disposed of. But last night, the Lord revealed the above and gave the following solution.

At about 2 AM angel Gabriel stopped me in the hallway and said I should draw a picture. So I got out my notepad and pencil, and drew the enclosed picture. As soon as I was finished drawing I knew why my legs burned so much after work.

Afterward, I asked the Lord for His solution. He said to:

“FLOOD THE FLOORS WITH FORGIVENESS”.  
(click here to see drawing)

So, immediately upon hearing this I prayed for Jesus to flood all the hospital floors with forgiveness. The Holy Spirit presented this prayer to Jesus as I prayed it, and He in turn answered forthwith in the affirmative. Then He began to flood all the floors in the hospital with Forgiveness Omnipotent. Essentially, I have been wading through a knee-high spiritual slurry of bitterness, strife, envy, un-forgiveness, hatred, etc. By the time I get to work at 9PM, the daily effluent starts to turn to a viscous goo, making it very difficult to walk. The first few hours are not so bad. But after that my legs start to hurt and burn like hell. Basically I was getting what amounted to spiritual chemical burns on my lower legs each night. I will stop writing here, and begin again sometime later to report the effect of the answered prayer.

**Sunday, 6 March 2016, 5AM.**

Friday night when we got to work I was asking Gabriel how effective the flooding was. His response was that the spiritual sin goo-level was down to around my ankles. Later after work I could tell that there was a lowering of how badly my lower legs burned. So, that is indeed a step in the right direction. I have been told by the Lord that about 80% of the burning can be attributed to the spiritual goo, with 20% having a physiological source. This seems to be the case, as my legs don't burn nearly as much on the weekends, since I don't go to work.

Blessings...

R. C. Theophilus