

Letter 149  
**Medical Update**  
 2012-10-27

Dear Dan,

The other day I saw a spine surgeon who I was referred to by the Physiatrist. I could tell this new physician was more interested in real science than new-age mysticism. He went over the MRI that was taken of my back in January, and saw something that had not as yet been explained to me. All this time I thought that the ruptured disc was causing much of the "new pain".

Not so. Instead, there is impingement on a nerve group that comes out from between two of the lower vertebrae, due to misalignment of the bones. As I spend hours on my feet moving around, the bones shift, making the access way for the nerves to become too narrow. The shifted bones then start to pinch on the nerves, causing great pain. The doctor said it is not likely to have been caused by work, so I will not try to challenge the L&I claim denial.

I will be starting some physical therapy for the lower lumbar region. The doctor said that if that doesn't work I could try a shot of cortisone, and finally, if that doesn't work, some surgery to install a rod to stabilize the bones.

My right arm continues to heal. I was off work for about a week. It is still sore where the triceps attaches to the elbow. After I inquired of the Lord about this injury He said it was His way of getting me to stay home for a few days so I could get started on the audio version of the Letters To Daniel. That's how I could send to you the first draft. But my pain saga continues. The resurrection (and my subsequent new body) can't happen soon enough for me these days.

Blessings...

R. C. Theophilus

P. S. While I was at home from work due to my arm injury I felt Jesus walk past me in the kitchen, along with these words that came to mind...

*"He who walks among the churches,"*

which was a pointer toward this Word found in Revelation 2:1;

*"To the angel of the church of Ephesus write,  
 These things says He who holds the seven stars in His right hand,  
 who walks in the midst of the seven golden lampstands:"*