

Letter 145
"Tragic Bus"*
2012-10-05

Dear Dan,

I am writing this letter at 1:40 AM on Friday, 5 October 2012.

Just last Wednesday morning the 3rd, I had gotten off work at 5:30AM and pedaled my way to the bus stop where I would take the (CCC) bus to (L12) to get the (AAA) bus.

(CCC) pulled into the stop just as (AAA) was fixing to leave. I dismounted from (CCC) as quickly as I could and made for the other bus, which was just pulling out of the lot.

I thought that I might be able to pedal fast enough to beat it to the next stop as I could take some short cuts through parking lots, etc., so I followed the bus pedaling as quickly as I could. The coach had to stop for a red light, which made it possible for me to catch up a little.

The driver must have spotted me in his mirror, because he slowed down and then stopped at a crosswalk. He signaled for me to get on which I did as quickly as I could.

I placed my ORCA pass at the card reader, then still being in a hurry, I turned to walk down the aisle. As I was stepping up from the last step onto the main deck my feet suddenly went out from under me and I went down to the floor, landing with full force on my right elbow.

After I got up I could tell that I banged my arm pretty severely, as the muscles started to cramp, etc.

In order to get home I had to stay on the bus until we came to my stop, which was almost an hour later. During that time I did a sort of traction on my right arm by hanging onto one of the overhead straps and letting some of my own weight stretch my arm out. I think that helped some, as I was able to very carefully get back on my bike and pedal the three miles to my house, albeit in a less aggressive fashion than normal.

After painfully inquiring of the Lord about what I should do, I decided to go to bed, thinking that I would go get it checked out at a doctor's office after I got up.

Last night (Wednesday) at about 8:30PM found me at an Urgent Care clinic where the doctor examined me and took some x-rays. The doctor said he could not see any apparent bone fractures, and wrote that I could be released to return to work tomorrow, Saturday. But he also wrote that due to the swelling, it might be that some fractures would be apparent only to a trained radiologist.

This turned out to be the case, as I got a call about 11:00AM Thursday from the office that they wanted me to go to an Orthopedic clinic that same day or the next (Friday) morning to get my arm splinted.

So, I now have an appointment this morning to do just that. Depending on how my arm is, it appears that I may have another mandatory sabbatical from (G6) if the doctor says I can't use my arm for any length of time. Right now it is swollen but not too painful unless I make certain movements.

In the mean time, I had another weird dream that I woke up from at about 3:00PM Thursday that left me troubled. So I went to the kitchen, got a Coke and watched some Netflix until I could get back to sleep.

At about 3:30 just before drifting off back to sleep my cell phone went off. It was the L&I third party company calling to let me know that my L&I claim on my ruptured disc was being denied, but that the State would review it and could change it. I am not surprised at that, but I wanted to get it documented just in case it was work related.

Blessings...

R. C. Theophilus

*Magic Bus by The Who