

Letter 876k
Comments On Dreams
2021-07-17

Dear **Yeshua**,

Saturday, 9 January 2021, 4:53AM

I went to sleep last night about 9:30 or 10PM, and then woke up at about midnight from a dream.

At the time I woke up I remembered the content, but I was too sleepy to record it. Then I slept some more until about sometime between 2:30 and 3:00 AM, when I woke up again.

Right after I woke the second time I remembered that I had the dream, but I couldn't remember any detailed content (and I still don't). But I did remember that it was a terminal dream, where I was contending with some people who were evil spirits of some kind. This is confirmed because I hadn't slept well, since my contending left my spirit man troubled to where I was not at rest or at peace. Essentially I woke up feeling like crap overall.

What is interesting is that I have had multiple dreams that I can fit in several categories where I have similar symptoms waking up from the dreams. Symptoms such as sore shoulders, sore upper torso, extended grogginess, and/or feeling sleep deprived, general lethargy, feeling troubled, etc. It may be that the Lord Holy Spirit is showing me various categories of warfare that leave me feeling a certain way, for which later He will provide the words to describe and put into a table or spreadsheet that defines these things. Essentially that is what seems to be happening.

As I audio record this report, I feel the way I have felt multiple times from previous dreams where sound sleep is robbed from me and I just feel like crap. On the other hand, I have had dreams where I wrestle with evil spirits, and I wake up feeling great.

So, why the difference in how I wake up from different conflicts?

That part I do not know. Which is why I want to find out. That's why this Letter is more like a commentary than a field report. Because this was based on a dream I had of which I don't remember the content, other than there were people in it with whom I was wrestling. Anyway, whoever they were, they are now gone.

But here is something interesting. For a while now, whatever I have dreamed, whatever my dream content was, or whatever I experienced in my sleep, seemed to have had something to do with what I was doing and/or thinking the day and evening before.

The only thing I did last night after dinner, (which for our household I am going to say is usually between 4PM and 5PM), is I went online and did some grocery shopping, which I am scheduled to pick up today at about 8AM or sometime thereafter. So is there a connection? Was the dream I had right before midnight a message about me contending with evil spirits at the grocery store somehow? That is possible. But since I do not remember the content, I am willing to rely on either the Lord telling me directly, or just not finding out.

But I do know that in the most recent past, many times what I was thinking about or even doing the evening before was somehow connected to the content of dreams I would have that night.

I find this all very fascinating and hope to continue learning.

Blessings...

R. C. Theophilus