

2011-03-23

Dear Dr. [REDACTED]

The [REDACTED] Manager my employer [REDACTED] Hospital) hires to oversee my work activities is seeking a letter from my physician to document my disability and need for reasonable accommodations in performing my job task.

After reviewing the methods I have used to accomplish work over the years, I realize that I make automatic adjustments of how I do things to compensate for my ongoing pain and lameness. These adjustments include the use of a variety of things such as:

1. Listening to personal audio (iPod, etc.). I find this distracts me from whatever current pain is going on and makes it possible for me to get through my shift.
2. The use of certain equipment that also doubles as a stabilizer when I walk and get fatigued. This equipment currently consists of a certain stainless steel utility cleaning cart and a Rubbermaid Brute 44 trash barrel.
3. The use of a wet (string) mop and bucket with wringer in certain activities where using a Micro-Fiber pad assembly would cause undue strain on certain muscles.
4. The use of Hospital issue light blue cotton blend scrubs as opposed to the Aramark issued uniform. The [REDACTED] garments contain a high blend of synthetic fibers, and as such irritate my skin (patches of which are hypersensitive on my left leg) and cause me to overheat when I work.
5. Other incidental "work-arounds" as needed case by case.

Thank you.

[REDACTED]